

# Gluten Free Dining Near Our Napa Office

I hope the following list makes your visit to our office that much easier!

As always, please ask about cross contamination issues at restaurants. The first restaurants listed are 100% gluten-free. The others are very willing and accommodating but this list is by no means a safeguard to bypass gluten-free dining protocol. Ask about cross-contamination; discuss your needs with your server or better yet, the manager. When in doubt - "don't eat it". **Disclaimer: This list is derived from feedback from patients and locals. There has been no certification process done to assure gluten-free status.**

There are a lot of great options here in the Napa Valley for gluten-free diners. If you have experience with other local restaurants, please let me know!

## **Oxbow Public Market**

644 1st Street Napa, CA 94559  
(707) 226-6529  
[www.oxbowpublicmarket.com](http://www.oxbowpublicmarket.com)

This is a place with many restaurants and shops under one roof. The following restaurants/shops with gluten free options are at the Oxbow Market Place. They are more economical than many Napa Valley Restaurants and provide a one-stop dining experience for a variety of palates!

## **C Casa: 100% Gluten Free**

(707) 226-7700  
[www.myccasa.com](http://www.myccasa.com)

## **Kitchen Door**

(707) 226-1560  
[www.kitchendoornapa.com](http://www.kitchendoornapa.com)

They have a gluten free menu but cross contamination has been an issue with some diners in the past. If you choose to dine here, please make them aware of your needs.

## **Ca Momi Enoteca**

(707) 257-4992  
[www.camomienoteca.com](http://www.camomienoteca.com)

They offer gluten free pizza but it is not safe for persons with celiac disease due to cross contamination.

### **Anettes Chocolates**

(707) 226-6529

[www.anettes.com](http://www.anettes.com)

All their chocolates are gluten free. Please ask when purchasing to make sure no changes have been made to their products.

### **Three Twins Ice Cream**

(707) 257-8946

[www.threetwinsicecream.com](http://www.threetwinsicecream.com)

Not all varieties are gluten free. They will use a clean scoop if you ask.

### **Kara's Cupcakes**

(707) 258-2253

[www.karascupcakes.com](http://www.karascupcakes.com)

They offer gluten free cupcakes—cross contamination has been an issue.

### **Cate & Co: 100% Gluten-Free bakery**

(707) 226-1940

Walk-up counter—They have breakfast, lunch and dinner items, Sandwiches and Salads.

### **Eikos**

Gluten-free sushi available. Inform them if you have celiac disease or must be concerned about cross-contamination.

## Economical/Chain Gluten-Free Dining Options outside of the Oxbow Public Market

### **Chipotle**

1703 Trancas Street

Napa, CA 94558

(707) 226-1769

### **High Tech Burrito**

641 Trancas Street

Napa, CA 94558

(707) 224-8882

### **In and Out**

820 West Imola Avenue

Napa, CA 94559

(800) 786-1000

### **McDonalds**

806 West Imola Avenue

Napa

(707) 253-7461

3224 Jefferson Street

Napa

(707) 257-3810

### **Mary's Pizza Shack**

3085 Jefferson Street  
Napa  
(707) 257-3300

### **Panera Bread Company**

1725 Trancas Street  
(707) 252-3230

### **Tra Vigne Pizzeria**

1016 Main Street  
St. Helena  
(707) 967-9999

They offer gluten free pasta. Please assure fresh water has been used for your pasta.  
I would recommend discussing your needs with the manager at this location.

### **Wendy's**

1450 Trancas Street  
Napa, CA 94558  
(707) 252-6855

### **Whole Foods**

3682 Bel Aire Plaza  
Napa, CA 94558 (at Trancas and California St)  
(707) 224-6300

Higher End Gluten Free Dining Options-Most all require reservations

### **Angel**

540 Main Street  
Napa, CA 94559  
(707) 252-8115  
[www.angelerestaurant.com](http://www.angelerestaurant.com)

The owner has food allergies. They are very accomodating.

### **Auberge Du Soleil**

180 Rutherford Hill Road  
Rutherford, CA 94573  
(707) 963-1211  
[www.aubergedusoleil.com](http://www.aubergedusoleil.com)

No reservations needed at the bistro/bar. One of the best views in the valley!

### **Bistro Don Giovanni**

4110 Howard Lane  
Napa, CA 94558  
(707) 224-3300  
[www.bistrodongiovanni.com](http://www.bistrodongiovanni.com)

A favorite local spot. They are very aware of gluten free dining needs. Try the salmon!

**Bistro Jeanty**

6510 Washington Street  
Yountville, CA 94599  
(707) 944-0103  
[www.bistrojeanty.com](http://www.bistrojeanty.com)

**Bottega**

6525 Washington Street  
Yountville, CA 94599  
(707) 945-1050  
[www.botteganapavalley.com](http://www.botteganapavalley.com)

A very popular restaurant with a gluten free menu. Reservations a must.

**Bouchon**

6534 Washington Street  
Yountville, CA 94599  
(707) 944-8037  
[www.bouchonbistro.com](http://www.bouchonbistro.com)

**Cindy's Backstreet Kitchen**

1327 Railroad Avenue  
St. Helena, CA 94574  
(707) 963-1200  
[www.cindysbackstreetkitchen.com](http://www.cindysbackstreetkitchen.com)

**Cole's Chop House**

1122 Main Street  
Napa, CA 94559  
(707) 224-6328  
[www.coleschophouse.com](http://www.coleschophouse.com)

**Fish Story**

790 Main Street  
Napa, CA 94559  
(707) 251-5600  
[www.fishstorynapa.com](http://www.fishstorynapa.com)

**Hurley's Restaurant**

6518 Washington St.  
Yountville, CA 94599  
(707) 944-2345  
[www.HurleysRestaurant.com](http://www.HurleysRestaurant.com)  
Gluten-free menu available

**Il Posto Trattoria**

4211 Solano Avenue  
Napa, CA 94558  
(707) 251-8600  
[www.ilpostonapa.com](http://www.ilpostonapa.com)

This is a new restaurant in town that states they are able to accommodate gluten free diners. I have no feedback yet on this restaurant yet but it is very popular with the locals.

**Morimoto**

610 Main Street  
Napa, CA 94559  
(707) 252-1600

[www.morimotonapa.com](http://www.morimotonapa.com)

They are very good at accomodating people on gluten-free diets including those with celiac disease.

**Mustards Grill**

7399 Saint Helena Hwy  
Napa, CA 94558  
(707) 944-2424

[www.mustardsgrill.com](http://www.mustardsgrill.com)

**Redd**

6480 Washington Street  
Yountville, CA 94599  
(707) 944-2222

[www.reddnapavalley.com](http://www.reddnapavalley.com)

**Redd Wood**

6755 Washington Street  
Yountville, CA 94599  
(707) 299-5030

[www.redd-wood.com](http://www.redd-wood.com)

**Tarla Grill**

1480 1st Street  
Napa, CA 94559  
(707) 255-5599

[www.tarlagrill.com](http://www.tarlagrill.com)

**Taste of Himalaya**

376 Soscol Avenue  
Napa, CA 94559  
(707) 251-3840